

FOR NEW ZEALAND
RESIDENTS ONLY

TRELEGY ELLIPTA } GSK
fluticasone furoate/umeclidinium/vilanterol

Is your COPD holding you back?



If you have any questions about your medicine,
always speak with your doctor, nurse or pharmacist.
For more information about TRELEGY ELLIPTA
visit trelegyellipta.co.nz

This leaflet is for patients who have been prescribed Trelegy Ellipta.

What is Trelegy Ellipta?

Trelegy Ellipta is a long-term treatment for people with Chronic Obstructive Pulmonary Disease (COPD).¹

It is used as a once daily treatment for COPD that can help you breathe easy for 24 hours and help prevent future flare-ups, sometimes called exacerbations.^{1,3-5}

Trelegy is a combination of three medicines called fluticasone furoate, umeclidinium and vilanterol, and Ellipta is the device that allows these medicines to be inhaled at the same time.¹

Trelegy Ellipta should not be used to relieve sudden breathing problems and won't replace a rescue inhaler.¹

TRELEGY ELLIPTA

fluticasone furoate/umeclidinium/vilanterol

How does Trelegy Ellipta help you breathe easy?

Trelegy Ellipta has 3 medicines, 2 medicines in Trelegy Ellipta work together to help open the airways and make it easier for air to get in and out of the lungs, and 1 medicine works to help reduce swelling and irritation in your airways.

This helps control the breathing difficulties caused by COPD and helps reduce the effects of the disease on your everyday life.⁶

When should I take it?

It is very important that you use Trelegy Ellipta every day, as instructed by your doctor. You can take Trelegy Ellipta at any time but make sure it's always at the same time every day. This could help control your COPD symptoms for 24 hours at a time.¹⁻³

If you miss a dose, take it as soon as you remember but take no more than one inhalation per day. After that, go back to taking your dose at the usual time.¹

Once you use your inhaler, rinse your mouth afterwards.¹

Possible side effects

Like all medicines, Trelegy Ellipta can cause side effects, although not everybody gets them. Common side effects, which may affect up to 1 in 10 people, include sore, raised patches in the mouth, or throat caused by a fungal infection (thrush); headache; cough, hoarseness; painful and frequent urination (may be signs of a urinary tract infection); joint pain; back pain; constipation; itchy, runny or blocked nose; pain in the back of the mouth and throat; inflammation of the sinuses; inflammation of the lungs (bronchitis); flu (influenza); infection of the nose, sinuses or throat; and infection of the upper airways.¹

Note that this is not a complete list of side effects, please refer to the Consumer Medicine Information for more details (available from www.medsafe.govt.nz).¹

How do you use Trelegy Ellipta?

Follow these three easy steps to help you breathe easy with Trelegy Ellipta.^{1-3,8,9}

One



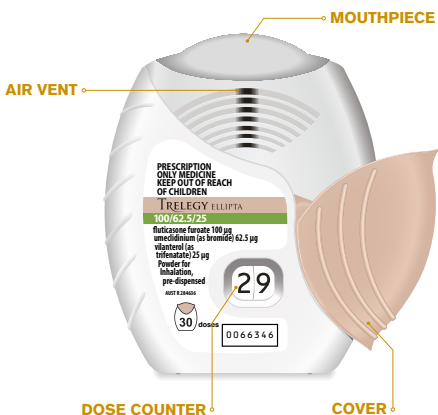
Two



Three



Your Trelegy Ellipta inhaler^{1,2,10}



When you take your Trelegy Ellipta inhaler out of the sealed tray, it will be in the 'closed' position. Don't open it until you're ready to inhale a dose of medicine.

When you first use your Trelegy Ellipta inhaler, you do not need to check that it's working properly, and you do not need to prepare it for use in any special way. Sliding open the cover automatically prepares a dose.

The dose counter lets you know how many doses you have left in the inhaler. When fewer than 10 doses are left, half the dose counter shows red, so get in touch with your doctor about another prescription before you run out of medicine.

After you have used the last dose, half the dose counter shows red and the number 0 is displayed. Your inhaler is now empty.

KEEP YOUR MEDICINE OUT OF THE SIGHT AND REACH OF CHILDREN.

Take the COPD assessment test

to measure the impact of COPD on your everyday life.⁷ Discuss the results of the test with your healthcare professional to better manage your COPD.



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References: 1. Trelegy Ellipta Consumer Medical Information, GSK New Zealand, available at www.medsafe.govt.nz [Accessed April 2026]. 2. Trelegy Ellipta Data Sheet, GSK New Zealand, available at www.medsafe.govt.nz [Accessed April 2026]. 3. Lipson DA et al, *Adv Ther* 2020;37:4894-4909. 4. Lipson DA, et al. *Am J Respir Crit Care Med*. 2017;196:438-446. 5. Lipson DA, et al. *N Engl J Med*. 2018;378:1671-1680. 6. Donohue JF et al. *Resp Med*. 2013;117:1538-46. 7. COPD Assessment Test (CAT). Available at www.catestonline.org/ [Accessed April 2026]. 8. Svendsater H. *BMC Pulm Med*;2013;13:1-14. 9. van der Palen J;npj Primary Care Respiratory Medicine;2016;26:16079;1-8. 10. Trelegy Ellipta Patient Instructional Leaflet, GSK New Zealand, May 2023.

Trelegy Ellipta (fluticasone furoate/umeclidinium [as bromide]/vilanterol [as trifenate] inhaler 100/62.5/25mcg and 200/62.5/25mcg per dose powder for inhalation) is a **Prescription Medicine**. **Trelegy Ellipta** is used for the regular treatment of adults with asthma or chronic obstructive pulmonary disease (COPD). **Trelegy Ellipta 100/62.5/25mcg is fully funded for patients with COPD only; Special Authority criteria apply. Use strictly as directed. Trelegy Ellipta has risks and benefits. Trelegy Ellipta should not be used to relieve a sudden attack of breathlessness or wheezing. If you get this sort of attack, you must use a quick-acting (reliever) inhaler. Always carry your reliever inhaler. Do not discontinue Trelegy Ellipta unless advised by your doctor. Tell your doctor:** if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop (this includes all of the medicines that you are using for your asthma or COPD); if you have liver disease, heart problems, high blood pressure, pulmonary tuberculosis (TB), infection of the lungs (pneumonia) or weak bones (osteoporosis); if you have had any type of viral, bacterial or fungal infection, or a problem with your immune system; if you have an enlarged prostate, difficulty passing urine, or a blockage in your bladder; if you have eye problems such as glaucoma or cataracts; if you are pregnant, think you may be pregnant, are planning to have a baby, or are breast-feeding; if you have severe milk-protein allergy; or if you are allergic to fluticasone furoate, umeclidinium, vilanterol or any of the other ingredients in Trelegy Ellipta. Side effects: Oral thrush, headache, cough, hoarseness, painful and frequent urination, joint pain, back pain, constipation; itchy, runny or blocked nose; pain in the back of the mouth and throat; inflammation of the sinuses; inflammation of the lungs (bronchitis); flu (influenza); infection of the nose, sinuses or throat; infection of the upper airways; infection of the lungs (pneumonia); irregular or faster heart beat; dry mouth; taste disturbance; weakening of the bones, leading to fractures. **If symptoms continue or you have side effects, see your doctor, pharmacist or healthcare professional.** For more information see Trelegy Ellipta Consumer Medicine Information www.medsafe.govt.nz. Ask your doctor if Trelegy Ellipta is right for you. Normal doctor's charges apply.

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